

四乘二十五公尺折返跑測驗成績配分標準表(四、五等考試錄取人員適用)								
成績	男(秒)	女(秒)	成績	男(秒)	女(秒)	成績	男(秒)	女(秒)
100	18" 50	20" 50	79	20" 05	22" 05	58	22" 10	24" 10
99	18" 60	20" 60	78	20" 10	22" 10	57	22" 15	24" 15
98	18" 70	20" 70	77	20" 15	22" 15	56	22" 20	24" 20
97	18" 80	20" 80	76	20" 20	22" 20	55	22" 25	24" 25
96	18" 90	20" 90	75	20" 25	22" 25	54	22" 30	24" 30
95	19" 00	21" 00	74	20" 30	22" 30	53	22" 35	24" 35
94	19" 10	21" 10	73	20" 35	22" 35	52	22" 40	24" 40
93	19" 20	21" 20	72	20" 40	22" 40	51	22" 45	24" 45
92	19" 30	21" 30	71	20" 45	22" 45	50	22" 50	24" 50
91	19" 40	21" 40	70	20" 50	22" 50	49	22" 55	24" 55
90	19" 50	21" 50	69	20" 65	22" 65	48	22" 60	24" 60
89	19" 55	21" 55	68	20" 80	22" 80	47	22" 65	24" 65
88	19" 60	21" 60	67	20" 95	22" 95	46	22" 70	24" 70
87	19" 65	21" 65	66	21" 10	23" 10	45	22" 75	24" 75
86	19" 70	21" 70	65	21" 25	23" 25	44	22" 80	24" 80
85	19" 75	21" 75	64	21" 40	23" 40	43	22" 85	24" 85
84	19" 80	21" 80	63	21" 55	23" 55	42	22" 90	24" 90
83	19" 85	21" 85	62	21" 70	23" 70	41	22" 95	24" 95
82	19" 90	21" 90	61	21" 85	23" 85	0	22" 96 以上	24" 96 以上
81	19" 95	21" 95	60	22" 00	24" 00			
80	20" 00	22" 00	59	22" 05	24" 05			